



Singapore Karate-Do Federation

Registry of Societies, UEN No. S71SS0055B

Date of Registration: 7th December 1971

Affiliated to:

Singapore National Olympic Council

World Karate Federation

Asian Karatedo Federation

c/o 262 Bishan St 22 #B1-287 Singapore 570262

Hon Secretary e-mail: skfhonorarysecretary@gmail.com

CIRCULAR - 20150910

HAZE SITUATION ADVISORY

1. Singapore has been affected by the haze conditions due to the smoke haze from Sumatra. As the hazy conditions are expected to persist and may further deteriorate if the winds are unfavourable.
2. The health impact of haze is dependent on one's health status, the PSI level, and the length and intensity of outdoor activity. Reducing outdoor activities and physical exertion can help limit the ill effects from haze exposure. Persons who are not feeling well, especially the elderly and children, and those with chronic heart or lung conditions, should seek medical attention.
3. All affiliates and associates of SKF are strongly advised to check the NEA website (www.nea.gov.sg), the haze microsite (www.haze.gov.sg) or NEA Twitter (@NEAsg), or download the myENV app to monitor the PSI level and implement mitigating measures at your events or facility to ensure the safety of participants and spectators. The table attached as annex A herein provided by Sport Singapore under circular 29 dated on 9 Sept serve as a guide for all on the haze action plan.
4. Thank you.

Yours faithfully

Ong Wei Yang
Asst. Hon. Secretary

Annex A

Phase	24-Hr PSI	Cautionary Statement				
			Facilities		Activities	
			Outdoor & Non Air-Con	Air-Con	Outdoor & Non Air-Con	Air-Con
0	Good (0 - 50)		Open		Proceed	
1	Moderate (51 – 100)	Normal activities	Open		Proceed	
2	Unhealthy (101 – 200)	<p>Healthy persons should reduce prolonged or strenuous outdoor physical exertion</p> <p>Persons with heart or chronic lung disease should avoid prolonged or strenuous outdoor physical exertion</p> <p>Children, elderly and pregnant women should minimize prolonged or strenuous outdoor physical exertion</p>	Open	Open	All Event Organizers are to conduct Risk Assessment and take risk mitigating measures	Proceed
3	Very Unhealthy (201 – 300)	<p>Healthy persons should avoid prolonged or strenuous outdoor physical exertion</p> <p>Persons with heart or chronic lung disease should avoid outdoor activity</p> <p>Children, elderly and pregnant women should minimize outdoor activity</p>	Close	Open	Suspended	Proceed
4	Hazardous Ø 300	<p>Healthy persons should minimize outdoor activity</p> <p>Persons with heart or chronic lung disease should avoid outdoor activity</p> <p>Children, elderly and pregnant women should avoid outdoor activity</p>	Closed	Closed	Suspended	Suspended