



Singapore Karate-Do Federation

Registry of Societies, UEN No. S71SS0055B

Date of Registration: 7th December 1971

Affiliated to:

Singapore National Olympic Council

World Karate Federation

Asian Karatedo Federation

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CIRCULAR - 20120126

File No : SSC / 19:05 Vol 4

Ref No : SSC / SDG / FY11 / 73

2012 PROHIBITED LIST & REVISIONS TO THE ANTI-DOPING SINGAPORE THERAPEUTIC USE EXEMPTIONS POLICY

1. Further to Anti-Doping Singapore's (ADS) circular on October 2011, please be reminded that the World Anti-Doping Agency's (WADA) Prohibited List for 2012 is in force from **1 January 2012**.
2. The WADA Prohibited List 2012 iPhone application is now available on iTunes. The List can also be consulted via Smartphone browsers on WADA's Prohibited List mobile site. Please visit the ADS website (www.antidoping.org.sg) to download the iPhone application or access WADA's Prohibited List mobile site.
3. All athletes carded under the Singapore Sports Council's *spexTEAM* programme and athletes in the ADS Registered Testing Pool (RTP) and Domestic Testing Pool (DTP) are required to obtain a Therapeutic Use Exemption (TUE) from ADS if treatment of a medical condition requires the use of prohibited substances or methods. International-level athletes in their International Federation's (IF) RTP and athletes participating in international events where doping control is conducted, need to apply for a TUE to their IF, *if required*. For further information, please visit the TUE page at the ADS website (www.antidoping.org.sg).
4. The ADS TUE Policy has been revised to include the changes to the 2012 Prohibited List. The key revisions to the ADS TUE Policy are to Section 4 (Procedure for Asthma Treated with Beta-2 Agonists) and Appendix 3 (Medical File Requirement Guidelines For Use of Prohibited Beta-2 Agonists). Guidelines on the thresholds of permitted Beta-2 Agonists, and the medical file requirements to accompany the TUE application for the use of Beta-2 Agonists

for the treatment of asthma are detailed in Section 4 and Appendix 3, respectively. A copy of the revised ADS TUE Policy is attached for your information, and we seek the NSA's assistance to disseminate the revised ADS TUE Policy to all its athletes and officials.

- 5 Please do not hesitate to contact Ms Irene Tan at Tel: 65-65005451 or Email: irene@antidoping.org.sg if you need any clarification.
- 6 For further details, please visit SKF Official web site: www.singaporekarate.org tab on [Guidelines](#) section under Policy and Forms.

Thank you.

By Order of the Management Committee



Ong Wei Yang
Hon. Secretary